What is Claimed is:

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- 1. A variable speed electrical motor capable of operating at one of a plurality of discrete operating speeds, wherein the electrical circuitry for each speed includes both a start winding for only that speed and a start capacitor for only that speed.
 - 2. An electrical motor combination comprising:
- (a) a variable speed electrical motor capable of operating at one of a plurality of discrete operating speeds, wherein the electrical circuitry for each speed includes both a start winding for only that speed and a start capacitor for only that speed; and
- (b) a switch for varying the speed of the motor, wherein the switch is disposed external of the motor housing.
- 3. The electrical motor combination of claim 2 wherein the switch is disposed within a separate switch box.
 - 4. The electrical motor combination of claim 1 wherein the combination is disposed within a water recreational combination, the water recreational combination comprising:
 - (a) a water basin capable of retaining a human being partially submerged below a quantity of water;
 - (b) a water pump having a suction side and a discharged side; and
 - (c) water circulation conduits connecting the water basin to the suction side of the pump and connecting the discharge side of the pump to the water basin; wherein the electrical motor drives the water pump.

- 5. A water recreational combination comprising:
- (a) a water basin capable of retaining a human being partially submerged below a quantity of water;
 - (b) a water pump having a suction side and a discharged side;
- (c) water circulation conduits connecting the water basin to the suction side of the pump and connecting the discharge side of the pump to the water basin;
- (d) a variable speed electrical AC induction motor for driving the water pump; and
- (e) a switch for varying the speed of the rotor, wherein the switch is disposed external of the motor housing in a separate switch box.
- 6. The water recreational combination of claim 5 wherein the water basin, the pump, the electrical motor and the switch box are enclosed within a spa surround.

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